



MayaKosha Healing

How to use oracle cards.

Oracle cards provide messages to engage a person's intuition and inner guidance so they can orient themselves towards helpful or positive mindsets and directions.

Step 1: Energise your deck: hold your cards in one hand and place the other hand over the top of them. Then place an intention into the cards, cleanse them, or ask for guidance.

Step 2. Prepare the cards: preparation for a reading is done by shuffling the deck and then fanning the cards out in a circle, semi circle, or line. Make sure the cards message artworks are facing down so you can't see the messages. Note- if a card pops out of the deck while you're shuffling turn it over to see your message.

Step 3. Ask a Question: Simply think of a question you would like guidance on or ask for general guidance. Note: If you are pulling a card for someone else, think of that person before taking a card.

Step 4: Choose your card/s: Run your left hand over the top of the deck and pull your card/s. At the beginning of most message books there are suggested layouts for picking your cards. Otherwise simply choose one card for a message or three cards (past, present, future).

Step 6. Look at the artwork and see what stands out to you or what message intuitively comes to mind. For further assistance you can read the message book associated to your deck.

